



## Rider Information & Start Sheet

### Round the Forest Open Time Trial 2023

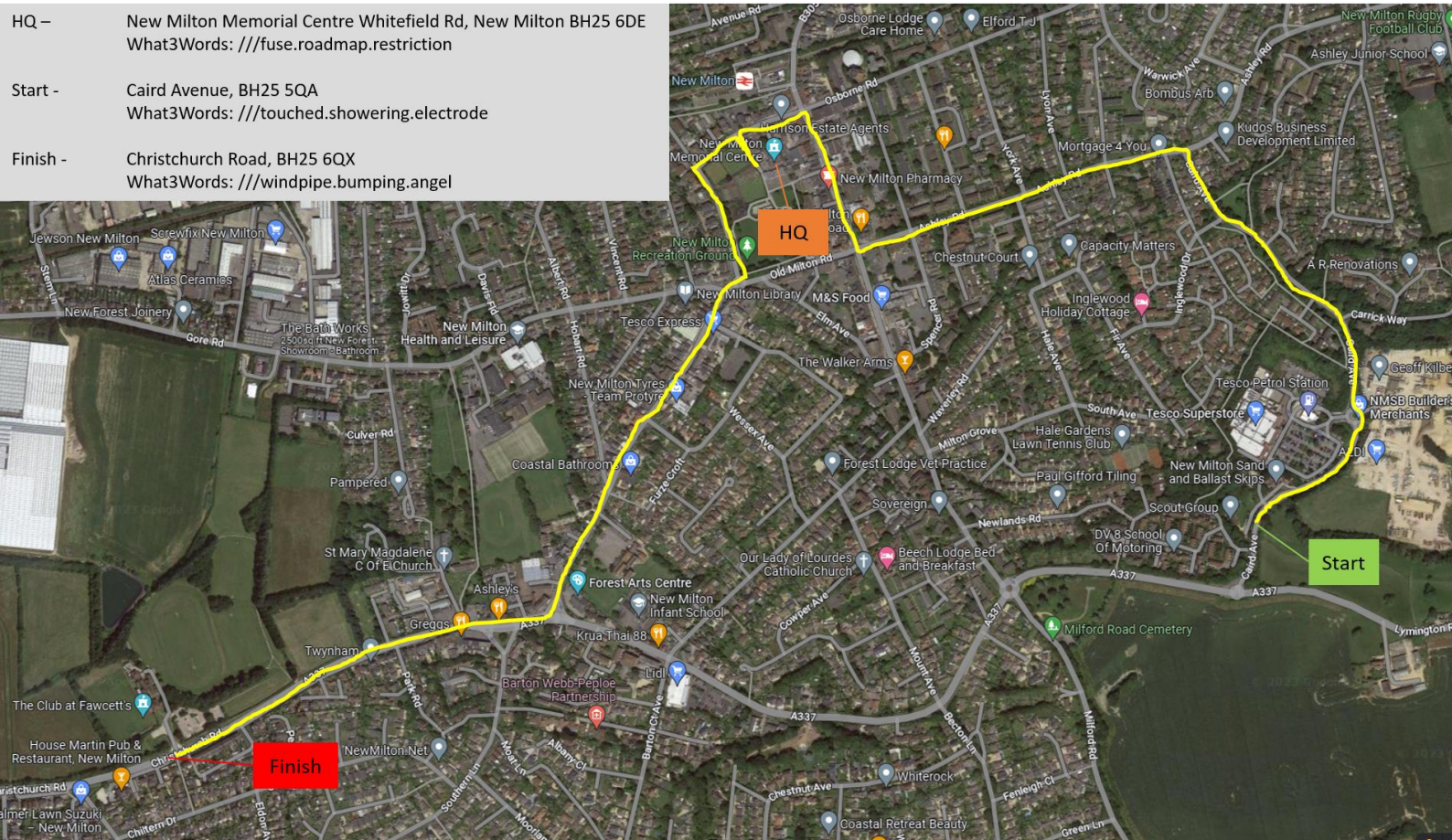
- Headquarters will be open from 06:15 for sign on with the first rider setting off at 07:01.
- There will be refreshments at HQ after the finish.
- Free parking is available at the Memorial Centre, should this fill up there is limited free on road parking within 200m of the HQ as well as a large pay and display car park on Osborne Rd (details overleaf)
  
- The course will be signed and marshalled however please familiarise yourself with the route before the event, this is a long course and we do not want anyone to get lost!
  
- **As per CTT Regulations you MUST have working front and rear lights on your bike at the start, no lights, no ride.**

If you have any further queries do not hesitate to contact me at [joe.d.shepherd@ntlworld.com](mailto:joe.d.shepherd@ntlworld.com) or on my mobile 07964656065



The route from HQ to the start and finish to HQ will be signed, the precise position of the start will be indicated by an NFCC Flag.

- HQ – New Milton Memorial Centre Whitefield Rd, New Milton BH25 6DE  
What3Words: ///fuse.roadmap.restriction
- Start - Caird Avenue, BH25 5QA  
What3Words: ///touched.showering.electrode
- Finish - Christchurch Road, BH25 6QX  
What3Words: ///windpipe.bumping.angel



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Please be considerate of local residents when parking around the HQ.

Free Parking NMMC Car park.

Up to 4hr free on road Parking Whitefield Rd.

Up to 2hr free on road parking Whitefield Rd.

Osborne Rd Pay and Display CP, Charges apply from 8AM.



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